

SURVEY OF MALLAKHAMB ACTIVITY IN STATES OF INDIA

- 1.Full Name of association.....
2. Society Registration No.....Date.....
3. Name of PresidentPlace.....,,Mobile.....
.....Email.....Address.....
.....
4. Name of SecretaryPlace.....Mobile.....
Email.....Address.....
.....
5. Name of Treasurer of Association.....Place.....
Mobile -.....Email.....Address.....
.....
6. Number of active mallakhamb worker available for Mallakhamb Ground
Male..... Female.....
.....
7. Number of coaches working for Mallakhamb .
Male..... Female.....
8. Number of Equipments Provided by MFI for Mallkhamb Training :-
Pole Mallakhamb.....Hanging Mallakhamb.....Rope Mallakahmb
Stand for Rope Mallakhamb..... Stand for Hanging Mallakhamb.....
Mallakhamb Mattresses..... Crash Mat.....Crash Landing Pit..... Ruther Board...
Weight Training Set.....Track Suit for Males.....Femalee.....
T-shirt Male..... T-shirt Female.....
9. Number. of Mallakhamb centre allotted by MFI Write places of centre
.....
10. 400 meter track facilities available in your state ..Yes.....No.....
11. Number of Standard Indoor hall (50m x 30 m) in your State.....
12. Size of Mallakhamb ground for Training.....
13. If question no. 12 yes then who is maintaining the ground.....
14. Who is controlling authority of Mallakhamb ground.....

15 Who provides the Consumable items of Mallakahmb ?

1. For student- Parents.....Donation.....District Govt..... other agency.....

.2. For Coach-Parents.....Donation.....District Govt.....other agency.....

16. List of Players participated in National Mallakhamb Championships .Give Year wise:

S.No.	Name of Player	Sex	Age Group	Name of Competition	Venue	Date From ...to.....
1						
2						
3						
4						
5						
6						
7						
8						
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10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						

S.No.	Name of Player	Sex	Age Group	Name of Competition	Venue	Date From ...to.....
25						
26						
27						
28						
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						
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47						
48						
49						
50						
51						
52						
53						

17. List of Players participated in All India Inter-university Mallakhamb Championships .from 2006 to till years

S.No.	Name of Player	Sex	Name of Competition	Venue	Date From ...to.....
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					

18. List of Players participated in All India Invitational Mallakhamb Championships .

S.No.	Name of Player	Sex	Name of Competition	Venue	Date From ...to.....
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					

19. List of Players participated in International Mallakhamb Championships .

S.No.	Name of Player	Sex	Name of Competition	Venue	Date From ...to.....
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

20. Grant-in-aid from State Govt.Central Govt.....
Local Govt.....other agency.....Schools.....
21. Who provides the Permanent Mallakahmb equipments to the districts.....
22. Name of State Awards to the Mallakahmb players Senior.....
.....
23. Name of Awards to the Junior Mallakahmb players.....
.....
24. Name of Awards to the Sub-Junior Mallakahmb players.....
.....
25. Number of coaches available in your affiliated district Mallakhamb Association-
1. Male.....Female
- 26.. State Sport department provides the grant-in aid for district controlling officer for the maintenance of sports grounds.....Yes/No.....
27. If the answer of question number 18 in Yes , Please specify the amount /month/year
.....

28.. **List of the constructed Outdoor Sports Stadium in state**

S.NO.	Name of Stadium	District	Place	Controlling & Maintenance authority	Sitting capacity
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					

29. List of the constructed Indoor Sports Stadium in state

S.NO.	Name of Stadium	District	Place	Controlling & Maintenance authority	Sitting capacity
1					
2					
3					
4					
5					

30. List of the outdoor Sports Stadium under construction in state

S.NO.	Name of Stadium	District	Place	Controlling & Maintenance authority	Sitting capacity
1					
2					
3					
4					
5					

31. List of the Indoor Sports Stadium under construction in state

S.NO.	Name of Stadium	District	Place	Controlling & Maintenance authority	Sitting capacity
1					
2					
3					
4					
5					

32. Coach is Charging any Fee from Mallakhamb trainees at Centre ? If yes How Much amount indicate below-

Monthly.....Quarterly.....Yearly.....

33. What is selection procedure of state teams ?

State Competition.....State trial Competition.....

Direct Selection.....Physical test.....

34. Coach of Mallakhamb keeps the record of Daily attendance in Register Yes/No
35. Coach of Mallakhamb conducts the Physical fitness tests and skill test. ()
How?
Weekly.....Monthly.....Yearly.....
36. Coach of Mallakhamb keep the record of physical test and skill test. ()
How ?
Weekly.....Monthly.....Yearly.....
37. who is providing nutrition and other facilities for Mallakhamb Players ?
Parents.....School.....Coach.....Others.....
38. Schedule time of Training- Morning.....to.....
Evening..... to.....Middle Session if any.....to.....
39. Any type of Injury had occurred among Mallakhamb Trainees during Training or competitions. Please Specify-
1. Muscle Injury.....2.Bone Injury.....3.Tendon Injury.....
4. Head Injury.....4.Abrasion.....5. Breast injury.....
6. Strain Injury.....7. Stress Injury..... 8.Injury to Wrist.....
9. Shoulder Injury.....10. Ankle Injury.....11. Knee Injury.....
12. Hip Injury.....13.Neck Injury.....14.Thigh.....
15. Tennis Elbow.....16.Wrist Injury.....17 Cartilage Injury.....
18. Fracture in Skull.....Legs.....Hand.....Finger.....
19. Chest Injury.....20. Any other type of Injury.....
20. Any type of health problem from Magnesium Carbonate Powder and oil used by the Mallakhamb player during training or competition.....
.....
40. Coach used Imagery during:
1. Training -..... (Yes/No) 2. Competition.....(Yes/No)
41. What is the selection procedure of Trainees for Mallakhamb Coaching ?
1. Physical Fitness Test (Write the name of test).....
.....

2. Psychological Test (Write the name of Test).....

 3. Without any Test.....(Yes/No).....
42. State Association is recognized by ---
 1. State Olympic Association ()
 2. State sports Department ()
 3. Any other Institution ()
43. Mallakhamb Coach main the daily diary of work done Yes/No
44. Name of Dronacharya Awardees of your state if any.....
 Name of Arjun Awardees of Your State, if any.....
44. Any other Information.....

Note: If space for the question is not sufficient, attached separate.

From

Signature.....

Name.....

Secretary, State Mallakhamb Association

Date..... **Day**.....

Seal